



CLINICAL PSYCHOLOGY INTERNSHIP PROGRAM



WRIGHT-PATTERSON MEDICAL CENTER

Website: <https://www.usafpsychologists.com/wright-patterson>

<https://www.facebook.com/WrightPattersonPsychologyInternship/>

@wrightpattpsych



Applicant Brochure
2021-2022

DEPARTMENT OF PSYCHOLOGY



WELCOME TO WRIGHT-PATTERSON

Applications are completed online. Application deadline is 15 November 2020.

For more information about the program, please contact our Department office at (937) 257-1367, or e-mail david.s.tubman.mil@mail.mil



Class of 2021

Our Internship in Clinical Psychology prepares individuals as both psychologists and military officers. The program is accredited by the American Psychological Association. For further information about the accreditation status of this or any other psychology internship program, please free to contact:

Commission on Accreditation
Office of Program Consultation and Accreditation
American Psychological Association
750 First Street NE
Washington, DC 20002-4242
(202) 336-5979

Helpful Websites:

Wright-Patterson Air Force Base — <http://www.wpafb.af.mil>
88th Medical Group— <http://www.wpafb.af.mil/units/wpmc>
Air Force Recruiting Service — <http://www.airforce.com>
Officer Training School—<https://www.airforce.com/education/military-training/cot>

THE INTERNSHIP PROGRAM

Dear Applicant:

Thank you for your interest in our Clinical Psychology Internship Program at Wright-Patterson Medical Center, Dayton, Ohio. We will have five intern positions available beginning in August 2022. We are looking for applicants who are eager to learn, who strive for excellence, and who are interested in beginning their professional psychology careers as Air Force officers.

Our Internship has been providing broad-based clinical training since 1978 in one of the Air Force's premier medical centers and has been APA accredited since 1979. Major clinical rotations include the Outpatient Mental Health Clinic, Clinical Health Psychology Service, and Neuropsychology Service. We also offer the option of dedicated dissertation time or an Embedded Mental Health Track, where interns experience a range of activities using psychological skills to benefit non-medical aspects of the USAF mission.

Our psychology faculty were specially selected to help shape the future of Air Force psychology by teaching, supervising and mentoring interns. We also enjoy the support of other Wright-Patterson Medical Center and Dayton-area health professionals in psychology, psychiatry, social work, psychiatric nursing, neurology, pediatrics, primary care, and many others who teach our didactics programs or interact with our interns in various roles.

We will be hosting a by-invitation Interview Day on January 10-11th, 2022. This Interview Day is a great opportunity to talk in person with our faculty and current interns.

Please read this brochure to learn about our program and determine if the training opportunities provided match your interests as you anticipate this important phase of your preparation as a psychologist.

If you have any questions, please contact us at (937) 257-6877 or email david.s.tubman.mil@mail.mil. We look forward to meeting you!

Sincerely,

//signed//
DAVID S. TUBMAN, Psy.D., ABPP
Lt Col, USAF, BSC
Clinical Health Psychologist
Training Director, Clinical Psychology Internship
Wright-Patterson USAF Medical Center



Contents

Contents

The Internship Program

Aims

Program Philosophy

Major Rotations and Training
Experiences

Didactics and Meetings

Seminars & Workshops

Core Clinical and Adjunct

Faculty

Wright-Patterson Medical Center

Wright-Patterson AFB

Internship Admissions, Support,
and Initial Placement Data

Salary & Benefits

Program Resources

Intern Evaluation and Complet-
ing the Internship

Eligibility Requirements

APPIC Policy

Application Procedures

AF Accession Board

Info for W-P Applicants



Wright Flyer

AIMS

Our Goal:

We strive to prepare Air Force psychologists to deliver high quality, effective psychological services both within a community-based health care model and in support of wartime and peacetime military operations at home and in a deployed environment.

Training Aims

All training experiences are centered around meeting the following aims:

- Graduates will be competent in using evidence-based psychological assessment strategies and instruments
- Graduates will be competent in delivering evidence-based psychological interventions and treatments to help patients from diverse backgrounds.
- Graduates will be competent in providing psychological consultation and in applying population health and community psychology concepts to a diverse population.
- Graduates will demonstrate professionalism and ethical practice as psychologists and Air Force officers.
- Graduates will demonstrate appropriate communication and interpersonal skills to enhance their impact as clinicians and leaders.
- Graduates will demonstrate appropriate understanding/knowledge of the scientific practice of psychology to include development and participation in research as available.
- Graduates will demonstrate knowledge and skills in the practice of clinical supervision of mental health technicians and other providers
- Graduates will be capable of providing clinical psychological services that support and enhance military preparedness

More important than teaching any specific skill or competency is the goal of training interns to employ critical thinking skills and an empirical orientation when approaching clinical tasks. The means of conveying these abilities is to model, encourage, provide feedback, and reinforce your efforts across a range of specific problems, patient populations, and settings.

PROGRAM PHILOSOPHY



Our program's values are the Air Force core values, "Integrity First, Service before Self, and Excellence in All We Do."

Successful graduates will incorporate the Air Force core values and high ethical standards into their clinical practices as they assume increasing levels of responsibility and develop into our future leaders. Our graduates are trained in the use of ethically and empirically sound interventions. The Air Force and the Wright-Patterson Psychology Internship Program are widely known for the breadth and depth of the clinical training we provide. We pride ourselves in providing generalist training to prepare our graduates for the wide range of possible assignments and responsibilities after completing the internship. Broad exposure and first-class training prepare our graduates for a myriad of clinical, leadership, and specialty roles in the future. Our interns are given a core body of skills and knowledge and are trained to use a systematic problem-solving approach to the situations they encounter.

Our interns have exposure to and success in the evaluation and treatment of a variety of psychopathology and are able to handle challenges within their clinical practices. Many aspects of an Air Force clinical psychologist's practice are comparable to those of their civilian counterparts and include the traditional domains of assessment, intervention, consultation, and prevention activities. Additionally, the Air Force psychologist has competencies in applying psychological principles and practices to military specific domains of readiness, deployment, wartime operations, peacekeeping missions, and the care of wartime casualties.

We strongly value and apply interdisciplinary and multidisciplinary collaboration. One strength of this program and its key to success has been the long standing cooperative, professional, and mutually enriching relationships among the various mental health disciplines and the interpersonal skills of collaboration and leadership, which are essential skills to new psychologists, whether they are assigned to a small clinic or a large, multi-specialty medical center. This element of our philosophy is a vital link in the transition of an Air Force psychologist to their first assignment and development as an officer.

The primary training method is supervised clinical experience with didactic teachings, readings, and case presentations designed to integrate and strengthen the interns' use of the science of psychology. In keeping with the scientific foundations of psychology, this internship greatly values the rich literature of clinical research and the processes of hypothesis testing, analytical thinking, outcomes measurement, and a commitment to the use of empirically supported interventions and evidence-based healthcare. Research is encouraged and there are opportunities for collaboration with faculty on ongoing research projects, while emphasis is placed on producing professional psychologists who are sophisticated consumers of research, able to integrate the current literature and use the scientific method in their clinical duties.



MAJOR ROTATIONS

Outpatient Mental Health Clinic (OPMH) - 6 months: During this rotation, interns focus on honing skills as a generalist, improving assessment, treatment, consultation, and supervision skills within a diverse military, veteran, and military family population. Empirically based approaches are emphasized, and scientific literature is consulted throughout the rotation to guide clinical practice. In addition, interns learn how to apply psychological and military ethics in all aspects of practice and gain experience working on interdisciplinary health care teams as well as skills in consulting with military commanders. Another important part of intern experience on the OPMH rotation is professional development as an Air Force officer and an Air Force psychologist.

Specific activities include: direct patient care including treatment (approximately 16 hours per week); psychological assessment (including selection and interpretation of tests and feedback to client); consultation with medical professionals and military leaders; supervision (receiving both individual and group supervision as well as providing supervision to peers and mental health technicians). Interns also learn to complete military-specific psychological evaluations.

Similar to other rotations, all activity on the OPMH rotation is supervised by a licensed psychologist (at least 3 hours of individual supervision per week). Progression through the rotation is determined via discussion of cases, live observation, review of audiotape sessions, and 100% co-signature of all medical documentation.

Clinical Health Psychology (CHP) - 4 months: Interns conduct assessments, consult other healthcare professionals, and intervene with individuals and groups in a multidisciplinary environment aimed at helping people with medical conditions improve their quality of life. Typical presenting concerns include sleep disorders, chronic pain, weight management, headaches, temporomandibular disorder, chronic disease management, pre-surgical evaluations, and a variety of stress related difficulties. Training objectives are met through an intensive regimen of current readings, rotation-specific and department-level didactics, outpatient client contact, and individual supervision with a clinical health psychologist. At the completion of the rotation, interns will be able to competently perform a behavioral functional analysis, formulate appropriate treatment goals, implement evidence-based treatment strategies, and monitor treatment gains.

Primary Care Behavioral Health (PCBH) - ~ 100 hrs: The Air Force has taken the lead in preventing mental health disorders with early recognition and intervention by placing mental health providers in Primary Care and Specialty Medical Clinics. During the CHP rotation, residents will complete a "mini rotation" in PCBH where they will be trained in delivering services as Behavioral Health Consultants (BHCs) who are able to rapidly conduct targeted functional analyses of problems, deliver biopsychosocial conceptualizations of the problem, and recommend evidence based interventions to patients and their primary care managers. Upon completion of initial training, residents will implement these skills embedded in the primary care clinic for no less than eight full days (seeing an average of nine scheduled patients per day). Upon completion, residents will be "Phase One" Certified by the Defense Health Agency to function as a BHC at their gaining bases, if needed.

MAJOR ROTATIONS

Neuropsychology (NP) - 2 months: During the NP rotation, the intern develops skills in assessment and the formulation of treatment recommendations for neurologically impaired adults. A primary goal for interns is to develop competency with basic principles of neuropsychology and to be able to recognize the need for neuropsychological/neurological consultation. Emphasis is placed on a flexible battery approach utilizing a wide array of tests, including via electronic means. Neuropsychological consultation is often requested by physicians within Primary Care, Internal Medicine, Neurology or Mental Health in order to assist in differential diagnosis of organic brain syndromes, obtain information about the neuropsychological sequelae of neurological diseases or traumatic neurological events, and to aid in treatment planning. Typical cases include suspected dementia, traumatic brain injury, neoplasms, seizure disorders and the neurobehavioral aspects of psychopathology. The NP Service routinely evaluates persons who have experienced some type of brain injury while on active duty and who have been subsequently retired from the military. Since these patients are re-evaluated every 18–24 months, the intern is afforded an excellent opportunity to monitor the long-term neuropsychological recovery process.

Aeromedical Consultation Service (ACS):

Wright-Patterson AFB houses the US Air Force's sole ACS under the 711th Human Performance Wing. The mission of the ACS is assess aircrew to guide decision making regarding suitability to return to flying status after significant medical or mental health events. Interns will work with a trained neuropsychologist, psychologist, psychiatrist and/or other medical professionals as they assess the air crew member and make recommendations. These are often complex assessments with many working parts that require a team approach and a thorough understanding of the flying mission. Experience targets interns' skills in assessing service members on flying status and interdisciplinary consultation. This training experiences lasts one training week, which occurs during the neuropsychology rotation.





Interns and faculty at 2020 mid-year offsite (and Match Day!)

FACULTY-GUIDED ELECTIVES

Embedded Mental Health (EMH) Track: Our internship attracts applicants who are looking for great training and the opportunity to serve a deserving population in an exciting and dynamic (or even adventurous) environment. The USAF greatly values our skillset as psychologists and leaders have made concerted efforts to expand our role throughout the enterprise. Psychologists are increasingly in demand to provide services outside of the medical center, or in an “embedded” capacity where bring our services to meet needs of our population rather than waiting for patients to come to the clinics. This approach has the potential to reduce stigma and greatly reduce “disorder” by utilizing a primary prevention intervention approach, deliver evidence based performance enhancement, and through utilizing our expertise in command consultation to improve quality of life and unit performance. The EMH Track was developed to prepare interns to meet these demands through structured study, didactic instruction, seminar, and application of relevant EMH concepts. We take advantage of sharing the base with the 711th Human Performance Wing, which is the US Air Force’s sole organization dedicated to training integrated and embedded healthcare providers. Strategic partnership have with special operations units have been developed to provide residents the opportunity to attend Assessment and Selection events. The EMH Track changes depending on the needs of our base and the opportunities available, but the core experiences are as follows:

- 1) Twice monthly EMH Seminar where relevant articles and resources are reviewed and opportunities to apply concept to units on-base are pursued.
- 2) Residents will have the opportunity to implement concepts learned in the EMH seminar in improving quality of life and functioning through partnership with on-base squadrons established by our Director of Psychological Health (DPH).
- 3) Scheduled didactic trainings conducted by operational and embedded mental health providers addressing topics relevant to EMH services.
- 4) Residents attend the week-long Integrated Operational Support (IOS) training, which is a training event housed at the 711th Human Performance Wing at Wright Patterson AFB. Residents will join other AF mental health providers who are flown from locations throughout the world for training in delivering EMH services.
- 5) As available, interested residents can attend Assessment and Selection Events where they learn to use their psychology skills to offer consultation to Commanders to enhance the process of selecting special warfare operators.



FACULTY-GUIDED ELECTIVES

Dissertation Rotation: In lieu of the EMH track, interns will have up to four weeks of internship time dedicated to focusing on dissertation completion. This activity can be completed in a solid block of time (e.g., 4 weeks) or an equivalent amount of time can be scheduled across a wider timespan (e.g., 4 hrs/week for x number of weeks) depending on the intern's needs. Interns will generally carry a small caseload and attending scheduled training events. At the conclusion, the intern will make a presentation to the staff/peer group, which can take the form of a mock dissertation defense, or a journal club presentation.

COVID-19 Safety Precautions: Wright-Patterson Medical Center is committed to adhering to safety precautions to reduce the spread of COVID 19 in accordance with guidelines put forth by the Center for Disease Control, Ohio state public health officials, the US Air Force, the Department of Health Administration, and local base policies. Specific protocol has varied since March 2020, and is likely to continue to change with as the COVID 19 landscape shifts. Precautions have included: hospital personnel and patients screened at entry control points, all who enter the medical center are required to wear face coverings, telehealth clinical appointments (e.g., phone or visual teleconferencing), medical center hours have been expanded to spread out in-person appointments, meetings have been converted to online platforms, and many have teleworked (from home) when the mission allows



REQUIRED EXPERIENCES

CENTER FOR DEPLOYMENT PSYCHOLOGY (CDP):

Interns attend several seminars/trainings sponsored by the Center for Deployment Psychology. Interns receive in-depth training on deployment spectrum issues facing our service members, their families, and providers. These seminars are taught not only by CDP staff but also guest speakers with expertise in military behavioral health and deployment medicine.

Examples of Possible Course Content:

1. Deployment 101
2. Trauma and Resilience
3. Behavioral Health Care for the Seriously Medically Injured
4. Deployment and Families
5. Acceptance and Commitment Therapy for Moral Injury

Interns also attend several 2 and 3 day workshops that focus on training in specific empirically supported treatments to address some of the psychological health issues facing Service members.

These workshops may include training in the following:

[Prolonged Exposure Therapy \(PE\)](#)

[Cognitive Processing Therapy \(CPT\)](#)

[Acceptance and Commitment Therapy](#)

[Cognitive Behavioral Therapy for Insomnia \(CBT-I\)](#)

Please see the Center for Deployment Psychology's website at <http://deploymentpsych.org>

Additionally, interns attend a monthly Evidence Based Treatment for PTSD clinical case conference that is facilitated by Dr. Timothy Rogers, Ph.D., who is the CDP US Air Force Liaison. During this time, interns will focus on implementing skills learned during workshops by applying concepts to their current caseload.

Intern Evaluations:

Interns are evaluated quarterly by the staff members directly responsible for the intern's supervision. This evaluation is based at least in part on direct observation of the intern's activities and incorporates feedback from other supervisors made on an approved form that incorporates both general profession-wide competencies and specific learning competencies relevant to each rotation and the program (e.g. officership/leadership). Professional competencies are each rated according to the degree in which the intern is meeting expectations relative to other interns (past and present) at their same stage of training. A narrative section emphasizing strengths, weaknesses, and/or recommendations for further training rounds out the written evaluation. Interns and supervisors are encouraged to discuss the written evaluation, and interns are encouraged to add any comments, clarifications, disagreements, or exceptions in a space provided on the form. All evaluations are reviewed and endorsed by the Clinical Training Director.

The forms used for these evaluation reports are discussed at the beginning of the training year, as the form clearly outlines what is expected of the intern. Feedback is meant to be meaningful and to provide the intern with specific information needed to grow as an Air Force psychological provider and officer.

PSYCHOLOGY INTERN EVALUATION

COMPLETING THE INTERNSHIP: Completion of the internship program is contingent upon successfully meeting rotation competency objectives, along with demonstrating professional behavior at a level that meets or exceeds expectations. Successful completion of the internship is an all-or-none decision; no partial credit for the internship is granted. Assessment is multi-dimensional and includes staff review of quarterly evaluation ratings, review of presentation evaluation forms, completion of all Required Training Experiences and feedback offered from faculty supervisors. On evaluations forms, intern performance is rated within three general categories: Above Expectation (ratings of 4, 5 or 6), Meets Expectation (rating of 3) or Below Expectation (ratings of 1 or 2). On any given rotation, interns are expected to demonstrate growth in competency areas from the beginning of the rotation to mid-term and to the end of the rotation.

Interns are allowed to progress from one rotation to the next when they achieve ratings within the "Meets Expectation" range on the various evaluation measures. However, if an intern's performance is rated in the "Below Expectations" range for any particular competency, the training committee (which would include the intern's supervisor) may decide to allow the intern to progress to the next rotation if there is consensus that the intern can continue to develop the necessary competencies there. If there is no opportunity available for the intern to work on competencies that fall below expectation on the next rotation, the length of the training on the rotation and/or the internship may be extended. A remediation plan would then be developed. If the intern is placed on academic notice or probation, due process rights apply. These are outlined in detail in our Intern Handbook and may be obtained from the Training Director upon request. All written evaluations are indefinitely maintained in each intern's training file.





Class of 2016

DIDACTIC SEMINARS, CONFERENCES AND MEETINGS

We recognize the importance of maintaining a balance between the practical, problem-solving tasks of clinical work and the intellectual, theoretical and empirical basis of psychological practice. Time for thought, opportunity to consult with colleagues and time to keep current on developments in professional psychology are vital to a psychologist's responsibility and identity. In order to promote this area of professional development, we offer many different types of seminars and conferences.

Psychology Didactics: Our rich didactics program is augmented with several conjoint training experiences with the internships at the Dayton VA and Wright State University that leverage the expertise of the faculty at all four sites. This endeavor also allows our interns to meet with their intern peers in the Miami Valley as a way of enhancing their professional and personal contacts throughout the training year and beyond.

Psychology Case Conference: Interns and faculty present patient cases characterized by various challenges in diagnosis or treatment that illustrate the use of a particular therapy technique. Case presentations highlight areas of ethical challenge, considerations of individual differences and cultural diversity, and, when applicable, military/policy requirements that impact care and decision-making. Presentations are supplemented by audiotaped or videotaped vignettes and application of relevant literature.

Combined Didactics: We value an interdisciplinary approach to patient care. In order to expose interns to the philosophies of assessment and treatment espoused by our psychiatry, social work, and psychiatric nursing colleagues, combined didactics occur several times during the year. Responsibility for didactics and presentations rotates among the different services.

Journal Club: Scholarly discussions of research in the science, practice or training in psychology, led by interns, are held throughout the year. Articles focused specifically on diversity and supervision are incorporated into the schedule every month and focus on the application of psychological theory and practice to the unique needs of racially, ethnically, socioeconomically, culturally, or religiously diverse populations.

Multidisciplinary Clinic Case Conference (MCCC) and Multidisciplinary Case Management (MCM): Interns participate in weekly MCCC and MCM meetings. The purpose of these meetings is to coordinate care of patients being treated in multiple clinics (including ADAPT and FAP), elicit treatment ideas from interdisciplinary colleagues, and manage patients who are considered at high risk of suicide, violence or severe decompensation. In addition, interns participate in daily patient safety huddles to discuss acute/emergency walk-in or hospitalizations from the previous day.

DIDACTIC SEMINARS, CONFERENCES AND MEETINGS

Psychology Intern Meeting: Psychology interns handle internal affairs, engage in self-teaching, and coordinate academic and social functions during this weekly meeting, which is led by the Chief Psychology Intern.

Training Director's Time: The training director meets with the internship group weekly to discuss professional practice and career development issues and to respond to concerns that may arise from the intern group. In addition, the training director maintains an open-door policy and also meets with interns routinely to discuss progress and training concerns/needs.

Morbidity and Mortality Conference: Case histories of patients whose care presents unique management challenges are presented by designated representatives from each mental health specialty as needed. Discussions focus upon standard of care, treatment alternatives and legal and ethical issues in mental health practice.

Other seminar and conference offerings: Interns may have the opportunity to attend lectures, conferences and continuing education activities held in the Dayton, Columbus, and Cincinnati area. During recent years, interns have attended workshops led by nationally known experts in various aspects of psychological practice. In addition, interns attended the Ohio Psychological Association Legislative Day and interacted with state lawmakers providing advocacy for mental health related topics/issues.

**For a partial listing of previous seminars and workshops,
please see Appendix A.**



Psychology interns and staff at case conference





INTERNSHIP FACULTY

CORE FACULTY

Lt Col David S. Tubman, Psy.D., ABPP
Lt Col Ruth Roa-Navarrete, Psy.D., M.S.
Maj Earl Banning, Psy.D, ABPP
Capt Aaron Esche, Ph.D.
Lt Col (ret) Linda Broeckl, Ph.D.
Nancy Koets, Psy.D.
Regina Shillinglaw, Ph.D., ABPP

ADJUNCT PSYCHOLOGY STAFF

Lt Col Kristin L. Galloway, Psy.D.

For brief faculty bios, please see Appendix B.



INTERNSHIP ADMISSIONS, SUPPORT, AND INITIAL PLACEMENT DATA

Date Program Tables were updated: 08 September 2021

Program Disclosures

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?

☒ Yes

If yes, provide website link (or content from brochure) where this specific information is presented:

The United States Air Force offers up to 24 fully funded one-year intern positions in clinical psychology across three training sites (Wright-Patterson Medical Center, Malcolm Grow Medical Clinics and Surgical Center, and Wilford-Hall Ambulatory Surgical Center). The Air Force welcomes applications from all qualified persons who meet the following eligibility requirements:

Be selected for and accepting a commission in the United States Air Force, and agreeing to an active duty service commitment.*

Be a U.S. citizen

Meet the health and fitness requirements for commissioning in the United States Air Force as determined by medical history and physical examination.

Meet the standards for issuance of a secret security clearance as determined by history and background investigation.

Satisfactorily complete all academic and practica requirements for the Ph.D. or Psy.D. in clinical, counseling, or combined professional-scientific psychology from an APA-accredited graduate program (Air Force Instruction 44-119, 7.9.2.1). This includes, at a minimum, the completion of preliminary and comprehensive examinations and doctoral dissertation proposal approval.

Be ready for internship as certified by the Director of Clinical Training at their graduate program.

Dissertation progress is a factor in the selection process. Completion of the dissertation prior to internship is strongly encouraged to allow for full participation in the wealth of training opportunities available during the internship.

Eligibility for commissioning as a United States Military Officer requires robust health as defined by a health history free of specified impediments, current physical strength/endurance tests, and impeccable moral character as defined by a life history free of impediment (specified list of exclusions related to ethical violations, personal finance/credit management, contacts with governmental authorities and law enforcement agencies, etc.) The main point of contact for questions regarding fitness for duty is a Health Professions recruiter from the Air Force Recruiting Service (AFRS). The Health Professions recruiter is authorized to screen for health, fitness, and legal conditions that may be disqualifying for service. To find your nearest recruiter, visit the following website:

<https://www.airforce.com/find-a-recruiter>

*Active duty service commitment begins after successful completion of internship. The standard length of the service commitment duration is a minimum of three years, provided the psychologist obtains independent licensure within the first year of service post-internship. Further, psychologists in other situations will incur longer service commitments, such as recipients of the Health Professions Scholarship Program, graduates of Uniformed Services University of the Health Sciences, Reserve Officer Training Corps, and other prior active duty service related commitments. The actual terms of your commitment will be clearly outlined in your commissioning paperwork that will be provided to you by a health professions recruiter and will be consistent with AFMAN 36-2100, Table A2.2 (https://static.e-publishing.af.mil/production/1/af_a1/publication/afman36-2100/afman36-2100.pdf).





INTERNSHIP ADMISSIONS, SUPPORT, AND INITIAL PLACEMENT DATA

The Psychology Residency was recognized as the Small Team of the Quarter (2018) at the Squadron, Group and Wing levels.

The Department's Graduate Education Faculty were recognized as Small Team of the Quarter (2020) at the Squadron, Group and Wing levels.

One of our core faculty members, Lt Col (ret) Linda Broeckl, Ph.D., was awarded the Allied Health Faculty Member of the Year award in 2021!

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

First, we seek applicants who want to serve in the Air Force as officers for at least the next four years. Air Force life is exciting and rewarding, but obviously, it doesn't appeal to everyone. We seek individuals whose professional and personal goals are compatible not only with those of our program, but which are congruent with those of a military lifestyle and professional practice. Traits contributing to effectiveness as an officer and psychologist include maturity, good interpersonal skills, and a strong work ethic. Excellent written and verbal communication skills are a must.

Next, we look for internship candidates whose academic and clinical preparation for training are congruent with our mission and philosophy. We value applicants with a history of excellence achieved in APA accredited training programs which integrate coursework in the science of psychology with a strong emphasis on clinical practice and the practical application of psychological research to clinical decision making. Progress on the dissertation is a very important factor in our selection decision, with highest consideration given to applicants who will have this completed by the start of the residency, and strong interest in those who are likely to complete it by the end of the residency year. Given our emphasis on training psychologists who can function in many areas of clinical expertise and responsibility, we look for applicants with a track record of strong, broadly based clinical experiences in a variety of treatment settings relevant to the needs of our population. Since we employ cognitive-behavioral and other evidence-based interventions in all of our clinics, a good general understanding of and experience with this orientation are important.

Total Direct Contact Intervention Hours	No
Total Direct Contact Assessment Hours	No

Describe any other required minimum criteria used to screen applicants:

Overall Total Direct Contact Hours: Yes Amount: 500

Wright-Patterson Medical Center's Clinical Psychology training program requires a completed minimum of 500 face-to-face hours of supervised practicum experience by the time the application is submitted. Our training program does not require a specific breakdown or percentage of intervention hours to assessment hours to meet the minimum of 500 face-to-face hours requirement.

INTERNSHIP ADMISSIONS, SUPPORT, AND INITIAL PLACEMENT DATA



Class of 2014

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	\$73,428*	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	Yes	
If access to medical insurance is provided:		
Trainee contribution to cost required?	No	
Coverage of family member(s) available?	Yes	
Coverage of legally married partner available?	Yes	
Coverage of domestic partner available?	No	
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	80 during training year (240 thereafter)	
Hours of Annual Paid Sick Leave	Per applicable policy below	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	No	
Other Benefits (please describe): Dental and vision benefits for intern, and available dental and vision benefits (with cost-share) for legally married partner and children. In the event of illness, service members will be evaluated by a medical professional and placed in convalescent leave as needed in order to receive appropriate treatment. Parental leave of up to 12 weeks is granted after the birth of a child (please note that time away from training limitations apply, and an extension of training may be required to ensure all requirements are met). Paid moving expenses to internship site and follow-on assignment, as well as to home of record after completion of AF commitment. Life insurance/disability insurance (with cost-share). Incentive pay (after licensure), board certification pay and retention bonus. Potential student loan repayment. Retirement benefits.		
*Annual salary depicted is based on a first-year Captain without prior military service and without claiming dependents, both of which would increase pay. Please consult https://		

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table



Post-Internship Placement

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2017-2020	
Total # of interns who were in the 3 cohorts	16	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree		
	PD	EP
Academic teaching		
Community mental health center		
Consortium		
University Counseling Center		
Hospital/Medical Center		6
Veterans Affairs Health Care System		
Psychiatric facility		
Correctional facility		
Health maintenance organization		
School district/system		
Independent practice setting		
Other		

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.

Additional Resources

ADDITIONAL RESOURCES:

The Mental Health Flight ensures that the internship program has sufficient office space, computer resources, telephones and office supplies. All interns and staff are provided with an individual office that is equipped with a networked computer and telephone with voicemail and is of sufficient size to see patients. The intern offices are located within proximity of each other to facilitate peer socialization, support, consultation and interaction. The intern offices are also located in close proximity to supervisors' offices to facilitate intern access to supervisors and supervisors' ability to monitor internship activities. The MDG and Mental Health Flight also provide large rooms and conference centers for didactics, case conferences and teleconferences. In addition, the training office and TD office are in a central location between all major rotations to facilitate equal access by interns and staff from all rotations.

The MDG and MH Flight ensure that the internship program has sufficient training resources and audiovisual equipment. The program has access to large group rooms equipped with computers, projectors, TVs and video players, and teleconference capability. The internship has access to computer-based testing packages for multi-dimensional batteries, multiple manually administered tests, and one office designated for psychological testing. The interns have ready access to journal articles and books through the flight's library, which maintains a variety of medically relevant texts and resources such as DVD's. The interns also have ready access to electronic copies of journal articles through the AF Medical Service's web-based portal.



Psychology interns at
USAF Marathon (2016)



Psychology interns at
USAF Marathon (2019)

See National matching Services Schedule of Dates:

<https://natmatch.com/psychint/schedule.html>

ELIGIBILITY REQUIREMENTS

NON-DISCRIMINATION AND EQUAL OPPORTUNITY

1. As a matter of Federal and military policy, the AF and AF psychology training programs fully adhere to the practices and procedures of the Equal Employment Opportunities Act in the selection of trainees and employees. The AF views diversity, inclusion and equal opportunity as vital parts of providing patient care, creating a fair and respectful work environment, and ultimately maintaining a healthy and synergistic workforce. As a consequence, we are committed to fostering diversity and inclusion through hiring and selection practices.

2. Eligibility for military service requires certain physical abilities and attributes including age, height, weight, and physical fitness requirements. The main point of contact for questions about these eligibility standards is a Health Professions recruiter for the Air Force Recruiting Service (AFRS). Age limits are determined on an annual basis and listed in the AFRS Procedural Guidance Message. In addition, recruiters will screen for medical issues and will coordinate for applicants to undergo a physical with a physician.

APPIC POLICY REGARDING INTERNSHIP

OFFERS AND ACCEPTANCE

The Air Force Clinical Psychology Internship programs are members of APPIC and follow APPIC policy on internship offers and acceptances. We therefore participate in the APPIC Matching Program. Details of the APPIC program and policies can be viewed on **APPIC's web site (<http://www.appic.org>)**.

AF internship programs subscribe rigorously to APA standards for program content and APPIC policy for notifying and accepting applicants. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant. Applicants are expected to support this policy as well.

For 2022-2023, the Phase I Match, the Rank Order List Submission Deadline is **Friday, February 4th, 2022**. Results of the Match will be released on APPIC Phase One Match Day, **February 18th 2022**.

For the Phase II Match, the Rank Order List Deadline is **March 14th, 2022**, and the Phase II Match Day is **March 21st, 2022**.

APPIC's mailing address is: APPIC Central Office, 17225 El Camino Real, Onyx One - Suite #170, Houston, TX 77058-2748. Their phone number is: 832-284-4080.

THE WPMC APPIC MATCH number is 1514 and the listed program name is "Wright-Patterson USAF Medical Center."

APPLICATION PROCEDURES

It's best to think of the application process as having two separate steps:

- 1) Applying to the US Air Force with a recruiter
- 2) Applying to the internship program using APPIC

APPLYING TO THE US AIR FORCE WITH A RECRUITER

The first thing you will need to do is to contact the nearest Air Force Health Professions Recruiter (AFHPR) for additional information and application processing. Go to <http://www.airforce.com/contact-us/recruiter-locator/> or <http://www.airforce.com> for the exact location and phone number of the nearest AFHPR or call 1-800-443-4690. Also, feel free to call the internship director directly for assistance.

Once you have contacted your recruiter, you will begin compiling the required information for becoming an AF officer. This involves completing paperwork on your education and training, medical history and background check.

Your recruiter will schedule an evaluation at the Military Entrance Processing Station (MEPS) where you will be screened for any possible medical problems. At MEPS, you may find out that you need to obtain a waiver or additional medical records, which can take extra time. **Thus, it is advisable that you schedule a MEPS appointment as early in the application process as possible.**

"Official" application packages are due to the AF Recruiting Service Headquarters in **December 2021 for the 2022-2023 internship year (talk to the AFHPR for specific deadline)** in time to meet the AF Accessions Board in January, 2022. Details about this board follow on page 22. There are AF specific forms and procedures your AFHPR will guide you through and submit to the Recruiting Service on your behalf. In addition, whether you attend each site's Interview Day (see below), or not, you must be interviewed in person or on the telephone by one of the three AF Training Directors. This is known as the **"Senior Consultant interview"** and you are required to have one. The training director will send the results of this in-person or virtual interview to the AF Accessions Board. Your application will not be complete unless there is a summary of this interview contained within your application package.

APPLYING TO THE INTERNSHIP SITE

At the same time you are working with your recruiter, you should begin reaching out to the training directors at the AF internship sites. Send your APPIC application form to any or all of the three AF internship sites in which you are interested. The APPIC application form should include the Applicant Summary Form (See page 25 of this brochure), copies of your graduate transcripts, and three letters of reference from individuals familiar with your clinical and academic skills. If you wish to attend the Interview Day at Wright-Patterson or any of the AF internship sites, we will need to receive the materials in advance in order to familiarize ourselves with your background, training, and experience. **Our interviews are by invitation only.**



Intern's office



APPLICATION PROCEDURES

This year, the Wright-Patterson Interview Day is expected to be held on **10-11 January 2022**. *We are hoping that our Interview Day will offer the option to applicants to attend either in-person or virtual; however, due to COVID 19 related safety precautions, we cannot confirm the format until .* Final details will be sent to you upon invitation to Interview Day. Wilford Hall and Malcolm Grow will also each host their own Interview Days in December 2021 and January 2022. Please check their web-sites for the exact date(s). It is not mandatory that you attend any of the Interview Days (virtually or in person), but it is definitely recommended. Applicants who are not able to interview on an Interview Day date may be able to arrange different dates for an on-site, or virtual interview with the training director and/or faculty members. Candidates are more than welcome to contact each training director to gather additional information about each specific site. Please call an AF Internship Training Director if you have any questions or uncertainties about this somewhat complex process.

USING APPIC

This process is identical to the one you would use for a civilian internship program. After you have applied to the AF with your recruiter, you will electronically submit an application via the APPIC website. **This application must be submitted no later than 11:59 PM EST on 15 November 2021.** *If you are interested in the Air Force training opportunities, you are encouraged to apply (and rank) all three AF internship sites when compiling your own Match list.*

Applicants are usually ranked in APPIC by more than one AF Internship site. However, the applicant remains "in the driver's seat" with respect to selecting the Air Force site with which they hope to be matched. You should rank military sites in the same way that you rank civilian internship sites on the APPIC Match List. **Wright-Patterson, Malcolm Grow and Wilford Hall each have separate codes, since we are separate sites.**

WRIGHT-PATTERSON'S CODE IS 1514.

ABOUT THE AIR FORCE ACCESSION BOARD

This board meets at AF Recruiting Headquarters in San Antonio, TX in January. The board consists of the training directors at each of the three psychology internship sites and the Psychology Consultant to the AF Surgeon's Office.

There are two phases to this board. The first phase determines whether or not an applicant meets standards required for officership in the AF. At this phase, you will be elected as *eligible or ineligible* from a broad AF perspective. Those with excellent records of achievement and outstanding potential for military leadership will be "Selected for Ranking." The AF Accessions Board ranks applicants on the following:

- a) academic achievement (undergrad/graduate)
- b) commitment to science and evidence-based practice
- c) record of community service and other accomplishments
- d) military leadership potential
- e) "goodness of fit" (matching applicant's goals to the training provided at our internship sites)

APPLICATION PROCEDURES SUMMARY

1. Contact an Air Force recruiter and begin collecting required background documentation.
2. Complete the online APPIC Standardized Internship Application Form by 15 November 2021.
3. Request official transcripts of all graduate level courses to be submitted via online process/APPIC.
4. Arrange for a minimum of **three supporting letters** from your professors, program directors, supervisors or others familiar with your psychological skills, academic training, or supervised clinical experiences. General "character references" *may supplement, but do not replace letters addressing your specific skills and training.* If a letter is used to supplement the Certification by Program Director, this may count as one of the three required letters. These letters should be submitted using the online process/APPIC.
5. Submit **Curriculum Vitae**, listing honors, publications, clinical, research, teaching experiences, and other information relevant to your training and performance in psychology via the online application process/APPIC.
6. Submit a cover letter that in addition to your introduction also answers in bullet format the AF Psychology Applicant Questionnaire via the online application process/APPIC. (See page 25 of this brochure)
7. **Contact a Training Director to arrange a Senior Consultant interview.** While only one interview is required, applicants are encouraged to at least have a casual conversation with Training Directors from each AF program for which they are interested in being considered.
8. The Air Force Health Profession Recruiter must submit your complete recruiting package (including but not limited to, medical examination documents, credentials and background check information, etc.) to the USAF Accessions Selection Board. The deadline for your recruiter's submission of these and other materials (e.g., medical examination documents, interview and recommendation by a Recruiting Service Flight Commander, other AF application forms) to the USAF Accessions Board is **typically in December**. Be sure to check with your recruiter regarding specific due dates. A phone call to any Air Force recruiting station or 1-800-443-4690 will yield the exact location, phone number, etc. of the Health Professions recruiter nearest to you.
9. At the AF Accession Board in January, you will be selected as eligible or ineligible for an AF psychology internship from an Air Force perspective from the eligible list of candidates. Selection at this board does not constitute selection by the internship program, but rather means you are eligible for consideration by the individual AF internship programs. You may be notified of the results of the AF Accessions Board if you are determined to be ineligible for the AF or will not be ranked by any of the three AF internship programs.
10. Questions about the military application process and qualification as an Air Force officer should generally be directed to your Health Professions recruiter. Issues relevant to the profession of psychology or the specifics of the training programs should be addressed to the Director of Training at one of the AF internship sites. Training directors are eager to work with strong applicants in determining whether our programs are well suited to your career plans and to offer any information you may need in planning this critical part of your professional education. You may call, e-mail, or write at any time.



Interns and faculty at
2019 end of year offsite



APPLICATION PROCEDURES SUMMARY AND CHECKLIST

11. In the second phase of selection, the rank order list and application packages of those who have passed the AF officer screening requirements in the first phase will be reviewed by the training directors. The AF Psychology Internship Directors will then individually prepare their APPIC ranking lists from the pool of those who were placed on the "Selected for Ranking" list and submit their APPIC list in compliance with APPIC's Internship Matching requirements.

NOTES: The entire process usually takes at least a couple of months so it is best to start as early as possible. Additionally, during this process, your recruiter should be in regular contact with you to ensure all procedures are progressing. Do not let more than about 2 weeks go by without contact from your recruiter. If you encounter problems with your recruiter, please contact one of the AF Internship Training Directors as soon as possible.

If you are interested in the an AF internship, it is best to apply to all three sites to increase your chances of selection. The AF training sites are Wright-Patterson Medical Center, Malcolm Grow Medical Clinics and Surgery Center, and Wilford Hall Ambulatory Surgical Center. Application to the individual sites is accomplished by selecting the Program's Code in the APPIC online process. **On Ranking Day, you must list each AF site you are interested in (in order of preference) as a separate site.**

Be Sure to Check for Changes in these Requirements

Materials to be submitted through the API and/or to the Air Force Health Professions Recruiter

- APPIC Standardized Internship Application including transcripts
 - Three letters of recommendation
 - Curriculum Vitae
 - Cover Letter (include AF relevant questions)
 - Medical examination documents
 - Health recruiter interview, other AF application forms*
- *NOTE: HPSP students are not required to re-accomplish these final two items.
- Senior Consultant Interview

DEADLINE: 15 November 2021

AIR FORCE APPLICANT QUESTIONS FORM



Air Force Psychology Applicant Questions Form **(Please include as part of your cover letter)**

1. Why did you choose psychology as a profession?
2. Identify awards or public recognition that you have received for your academic accomplishments in your doctoral program
3. Describe significant professional and community service activities you have engaged in during the past 5 years.
4. Describe notable leadership roles you have held and the impact you made (inside or outside of academia).
5. What do you believe are your most significant accomplishments?
6. Describe your short-term professional goals (1-5 years).
7. What type of professional life do you imagine for yourself 5-10 years from now?
8. Have you served in the military? Do you have close family or friends who have served in the military? What do you know about their experience?
9. What aspects of military service are attractive to you now?
10. What aspects of military service might present some difficulty or detract from the positive benefits you see?
11. Please discuss the benefits and limitations associated with military service in relation to your personal values.

Psyching Team at USAF
Marathon Expo 2018



ADDITIONAL INFORMATION FOR WRIGHT-PATTERSON APPLICANTS

We are often asked to describe characteristics of applicants who were successfully matched with our program. First, we seek applicants who want to serve in the AF as officers for at least the next four years. AF life is exciting and rewarding, but obviously, it doesn't appeal to everyone. We heavily consider evidence that the applicant can make a firm commitment to the core values of the AF: *Excellence, Integrity, and Service Before Self*. Flexibility in coping with the stresses often attendant to the uncertainties of military service, and openness to the many opportunities the military offers are important. Applicants must clearly desire to serve our country and be willing to make the personal sacrifices required of a uniformed service member.

Next, we look for internship candidates whose academic and clinical preparation for training are congruent with our mission and philosophy. We value applicants with a history of excellence achieved in APA accredited training programs which integrate coursework in the science of psychology with a strong emphasis on clinical practice and the practical application of psychological research to clinical decision making. Progress on the dissertation is a very important factor in our selection decision, with highest consideration given to applicants who will have this completed by the start of the internship, and strong interest in those who are likely to complete it by the end of the internship year.

Given our emphasis on training psychologists who can function in many areas of clinical expertise and responsibility, we look for applicants with a track record of strong, broadly based clinical experiences in a variety of treatment settings relevant to the needs of our population. These are far more important than extensive specific or specialty practicum experiences. Diagnostic, assessment and/or treatment practica completed in Medical Centers, Veteran's Administration Hospitals, and outpatient mental health or primary care clinics is a plus (not a must). Since we employ cognitive-behavioral and other evidence-based interventions in all of our clinics, a good general understanding of and experience with this orientation are important. The quality of practica and the supervision provided is perceived more highly than the number of hours obtained in excess of the minimum hours required.

We look for applicants who have had practice and training in the use of evidence-based interventions; however, we are aware of the influence of a wide range of theoretical orientations and the evidence supporting the therapeutic relationship and common factors. We expect applicants to have had experience in administering and interpreting an array of basic psychological testing instruments, comprising of adult cognitive and objective personality measures. We seek applicants who can intelligently and accurately integrate data obtained from testing.

Our program emphasizes practice in AF clinics and hospitals. It is therefore not well suited to students who are primarily interested in careers in academia. Applicants having a strong interest and/or experience in psychological practice within military communities and settings will enjoy a definite advantage in the application review. Not every applicant accepted will be outstanding in all dimensions described here, but we hope this will help explain the factors we consider in the application process.

WRIGHT-PATTERSON MEDICAL CENTER AND WRIGHT-PATTERSON AFB

Wright-Patterson Medical Center (88th Medical Group) is a multi-specialty medical facility which serves a diverse population of more than 59,000 eligible patients in the local area, and nearly 700,000 in the seven-state region. We are a Joint Commission approved 57-bed multispecialty facility. The medical center has more than 2,000 assigned personnel and is one of the largest medical facilities in the Air Force.

Professional education is a key mission of the medical center. Our programs provide challenging and unique learning experiences in all phases of graduate medical education. More than 200 residents, including 100 military trainees, are trained annually. In addition, some 500 medical and practicum students from the Air Force Health Professions Scholarship Program, the Uniformed Services University of Health Sciences and Wright State University and other local programs receive clinical training here each year.

The table below offer a breakdown of patient population for the 2019-2020 cohort so far:

Patient Demographics	Number of Pts	Percent of Caseload	Range
Total Patients:	170	100%	
Active duty:	126	74%	69-95%
Percent People of Color:	38	22%	16-33%
Percent sexual and/or gender minority:	13	8%	3-19%
Percent older adults:	14	8%	4-16%
Percent lower income:	13	8%	2-15%
Percent people with disabilities:	10	6%	0-8%

Wright-Patterson Air Force Base is located just east of Dayton. It was here in 1904 and 1905 on Huffman Prairie where the Wright Brothers, in their own words, "really learned to fly." Today, Wright-Patterson is one of the largest and most important bases in the United States Air Force and as a road sign says, it's the location of the world's first airport. Few installations offer the broad range of Air Force activities that can be found here. Missions range from acquisition and logistics management, research and development, education, intelligence, flight operations and many other defense services. It has a workforce of almost 35,000 people and is home to more than 60 units representing a host of Air Force and Department of Defense organizations making it the largest employer in Ohio.

Wright-Patterson has some of the finest family-oriented recreational programs in the Air Force. These include the National Museum of the United States Air Force, on-base fishing, hunting and camping facilities, three top-notch golf courses, three swimming pools, a tennis club, hobby and automotive shops, youth activities center and many more. Shopping at the base commissary and exchange provides substantial discounts.



National Museum of the
United States Air Force



DAYTON, OH

Dayton is rich in cultural and entertainment venues which provide interns opportunities to engage in extracurricular activities

Dayton offers a wide variety of lifestyles from urban living to suburban developments to picturesque rural villages tucked away in gently rolling hills, all within easy commuting distance. Dayton is a diverse community that has many different opportunities to get out and about. The costs of living and housing are low for a city this size, especially in relation to the many cultural, dining, educational, and recreational opportunities available in the area. We enjoy four seasons in a moderate climate. A dynamic and hospitable community, the Dayton area is a great place to live. For additional information, including a video tour of the city, visit <https://www.daytonohio.gov/>.

For things to do and places to see, The Air Force Museum is an all-day experience that is great for individuals and families. If you like the outdoors, there are plenty of running, hiking, and biking trails including Glen Helen and the Five Rivers Metroparks. Other fun ways to spend the day include Top Golf, the Zoo, and Scene 75 Entertainment center. Interns have also enjoyed traveling a little further to Yellow Springs, downtown Cincinnati, Columbus and Indianapolis!

This area is also known for the variety of festivals that are themed after just about anything and everything you may like or need, from popcorn to strawberries, bacon to sauerkraut, and then some! The internship year can be enhanced by experiencing several cultural festivals including German Oktoberfest, Lebanese, Latino, Greek, Italian Heritage festivals, as well as the largest International festival in the area, Dayton's World A'Fair, which showcases the "different cultures [34 countries/ethnicities] that have made the Dayton area what it is today." (most of these at a discount for military members!)



Dayton's World A'Fair

<http://www.metroparks.org/>

<http://www.nationalmuseum.af.mil/>

<http://www.usafmarathon.com/>

<http://www.greenecountyohio.org/>

AIR FORCE TRAINING SITES

While all three internship programs hold to the same standards and goals, each has its own distinctive location, character and perspective. Information about each site can be obtained from the Director of Training at that facility:

Lt Col David S. Tubman, Psy.D., ABPP

Clinical Health Psychologist

Mental Health Flight, 88 MDOS/SGOW

Wright-Patterson Medical Center

4881 Sugar Maple Drive

Wright-Patterson AFB OH 45433-5529

Voice: (937) 257-1367 or 257-6877

Dr. Ann Hryshko-Mullen, Ph.D., ABPP, CBSM

Clinical Health Psychologist

Department of Psychology, 59 MHS/SGOWV

Wilford Hall Medical Center

2200 Bergquist Drive, Suite 1

Joint Base San Antonio-Lackland TX 78236-9908

Voice: (210) 292-5972

Lt Col Stephen M. Stouder, Psy.D., ABPP

Aviation Psychologist

Mental Health Flight, 316 MDOS/SGOW

Malcolm Grow Medical Clinics and Surgery Center

1060 West Perimeter Road

Joint Base Andrews NAF Washington, MD 20762

Voice: (240) 857-7186





APPENDIX A

CLINICAL PSYCHOLOGY INTERNSHIP SEMINARS & WORKSHOPS

(partial listing, changes annually)

Motivational Interviewing
Acceptance and Commitment Therapy
Cognitive Processing Therapy for PTSD
Assessing and Treating Suicidal Patients
Eye Movement Desensitization Therapy
Assessing and Treating Adult ADHD
Psychopharmacology for the Psychologist
Treating Gay, Lesbian, Bisexual or Transgendered Patients
Medical Incident Investigation
Eating Disorders
Imagery Rehearsal Therapy for Nightmares
Women's Issues in the Deployed Environment
Prolonged Exposure Therapy for PTSD
**Evidence-Based Methods for Tailoring the Treatment & Relationship
to the Individual**
Operational Psychology
Minnesota Multiphasic Personality Inventory-2 RF
Commander-Directed Mental Health Evaluations
Psychologist's Role in Disaster Mental Health
Boundary Issues in Professional Practice
Ethical Issues in Military Psychology
Dialectical Behavior Therapy
Special Topics in Substance Abuse
Treatment of Insomnia
Treating Serious Mental Illness
**Considerations in Assessing and Treating Patients with
Disabilities**
Problem-Solving Therapy
Positive Psychology
Written Exposure Therapy for PTSD
Court Testimony

APPENDIX B

Core Clinical Faculty

David S. Tubman, Psy.D., ABPP **Training Director** **Clinical Health Psychologist**

Lt Col Tubman earned his Psy.D. at Wheaton College, Illinois, and completed both his internship and post-doctoral fellowship in clinical health psychology at Wilford Hall Medical Center, Lackland AFB, TX. Since joining the USAF in 2010, he has served in a wide range of leadership roles, to include Flight Commander, ADAPT and Mental Health Element Leader, and Director of Psychological Health. Lt Col Tubman has dedicated his career toward training in psychology and provided such for healthcare providers across the globe, to include the US, Germany, Canada, Africa, The Republic of Georgia, Mexico, and Japan. Lt Col Tubman is a member of the Motivational Interviewing Network of Trainers (MINT), and is a very involved member of the Association of Contextual Behavioral Sciences (ACBS), including being the founder and past president of the ACT for Military ACBS Special Interest Group. He is passionate about delivering evidence-based population health interventions, developing effective and engaging clinical training experiences, the science of behavior change, and Acceptance and Commitment Therapy (ACT).



Dr. David Tubman

937.257.6877

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Ruth A. Roa-Navarrete, Psy.D., M.S. **Clinical/Prescribing Psychologist**

Lieutenant Colonel Roa-Navarrete began her Air Force career as a psychology intern at Wright-Patterson Medical Center. She then became a faculty member and assisted in the training of 12 residents before moving to Spangdahlem Air Base in Germany. She completed a Postdoctoral Fellowship in Clinical Psychopharmacology, and currently works as one of a small number of uniformed prescribing psychologists in the Department of Defense. She has functioned as a staff psychologist, chief of mental health services, director of alcohol and substance abuse services, flight commander (department head), and Clinical Psychology Internship Training Director at several clinics throughout the Air Force and during three contingency deployments. Her clinical interests include gender, ethnicity and psycho-pharmacology, as well as management of chronic and severe mental illness.



Dr. Ruth Roa-Navarrete

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Dr. Earl Banning
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APPENDIX B

Core Clinical Faculty

Earl J. Banning, Psy.D., ABPP

Clinical Neuropsychologist

Major Banning is the Director of Neuropsychology at Wright-Patterson Medical Center. Maj Banning completed his internship at Wilford Hall Medical Center, Lackland AFB, TX. He was assigned to the United States Air Force Academy counseling center providing individual therapy, including PTSD treatment for victims of sexual assault, suicide outreach and prevention and biofeedback/neurofeedback for the cadet wing. Maj Banning then assumed the role of Mission Support Flight commander at the Evasion and Conduct After Capture training facility, Joint Base San Antonio-Lackland as an RT Qualified Survival, Evasion, Resistance and Escape (SERE) Psychologist. Since his arrival to Wright-Patterson, Dr. Banning updated 112 tests and launched the first automated Neuropsychology service in the Air Force. He deployed with the 332nd Air Expeditionary Wing as the Mental Health Flight Commander providing psychological support to 2.5 thousand deployed service members.



Dr. Aaron Esche

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Aaron M. Esche, Ph.D.

Director of Psychological Health

Captain Esche completed his doctoral residency at Wright-Patterson AFB and his Ph.D. in Counseling Psychology from Ball State University. He served at Minot Air Force Base in North Dakota, the largest nuclear installation in the United States Department of Defense. He served multiple roles at Minot AFB, including element chief of the Alcohol and Drug Abuse Prevention and Treatment (ADAPT) Program and Mental Health Element Chief. He is an outpatient Mental Health Clinic rotation supervisor and Research Coordinator at Wright-Patterson Medical Center. His clinical interests include Acceptance and Commitment Therapy and evidence based treatments for PTSD. His research interests include the neurocognitive processes of moral reasoning and moral injury.



APPENDIX B

Core Clinical Faculty

Regina D. Shillinglaw, Ph.D., ABPP

Staff Psychologist/Associate Training Director

Dr. Shillinglaw completed her Ph.D. in Clinical Community Psychology from the University of South Carolina in 1998 after completing an Air Force internship at Wright Patterson Air Force Base Medical Center. She then served as an Active Duty Air Force psychologist from 1998 until 2001 serving as the Chief of Psychological Services at Robins Air Force Base. After working in private practice for several years treating adults with depression, anxiety and trauma-related problems, she returned to working with the military population. Since 2008, Dr. Shillinglaw has worked in the doctoral Psychology Internship program at Wright Patterson AFB and has served as a faculty member and Associate Training Director. She is board certified in Behavioral and Cognitive Psychology. Special areas of interest include suicide and PTSD treatment.



Dr. Regina Shillinglaw

937.257.6877

Regina.d.shillinglaw.civ@mail.mil

Linda S. Broeckl, Ph.D.

Clinical Health Psychologist

Dr. Broeckl entered the Air Force in 1992, completing her psychology internship at Wright-Patterson. She subsequently served in multiple assignments to include Dyess AFB; Andrews AFB; Landstuhl Regional Medical Center, Germany; Dover AFB; two assignments at Wilford Hall Medical Center, Lackland AFB; and a final assignment at Wright-Patterson. Dr. Broeckl has deployed to Iraq in support of Operation Iraqi Freedom and Kyrgyzstan in support of Operation Enduring Freedom. She retired from active duty in 2014 and then returned to the Mental Health Flight as a civilian staff member. She serves as a clinical supervisor for the clinical health psychology rotation. Her clinical interests include organizational and command consultation, disaster management, deployment-related psychology, and the provision of evidence-based care within a diverse military population. She has extensive experience in traumatic response/disaster operations.



Dr. Linda Broeckl

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Dr. Nancy Koets

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APPENDIX B

Core Clinical Faculty

Nancy Koets, Psy.D.

Staff Psychologist

Dr. Koets received her Psy.D. in Clinical Psychology from the Illinois School of Professional Psychology. Following that, she completed her pre-doctoral internship at the Minneapolis VA Medical Center where she subsequently worked as a staff psychologist on the Mood Team and in Addictive Disorders, to include veterans diagnosed with chronic liver disease who she saw in the Liver Clinic. Dr. Koets came to Wright-Patterson Medical Center in September 2012. She was a psychologist in the Mental Health Clinic before moving to the Family Health Clinic in September 2016 as a Behavioral Health psychologist. She is able to indulge her interest in mindfulness, motivational interviewing and teaching emotion regulation via DBT strategies with persons seen in the Behavioral Health Clinic.



APPENDIX B

Adjunct Psychology Staff

Kristin L. Galloway, Ph.D.

Integrated Operational Support Psychologist

Lt Col Galloway graduated from Wright State University in 2011 after completing her psychology internship at Wright-Patterson Medical Center. Prior to this, she served 9 years as a communication officer in the Air Force. She has served as the Mental Health Element Chief, Resiliency Element Chief, Alcohol and Drug Abuse Prevention and Treatment Program Manager and Flight Commander at Seymour Johnson, NC, Wilford Hall Ambulatory Surgical Center, TX, Behavioral Analysis Service, Lackland Air Force Base, TX, and most recently as a lead for the Integrated Operational Support Program at Wright-Patterson AFB. Research/ clinical interests include military psychology, trauma and sexual assault prevention.



Dr. Kristin Galloway

Kristin.Galloway.1@us.af.mil

